Community Crossroads
GUIDANCE. SUPPORT. ADVOCACY.

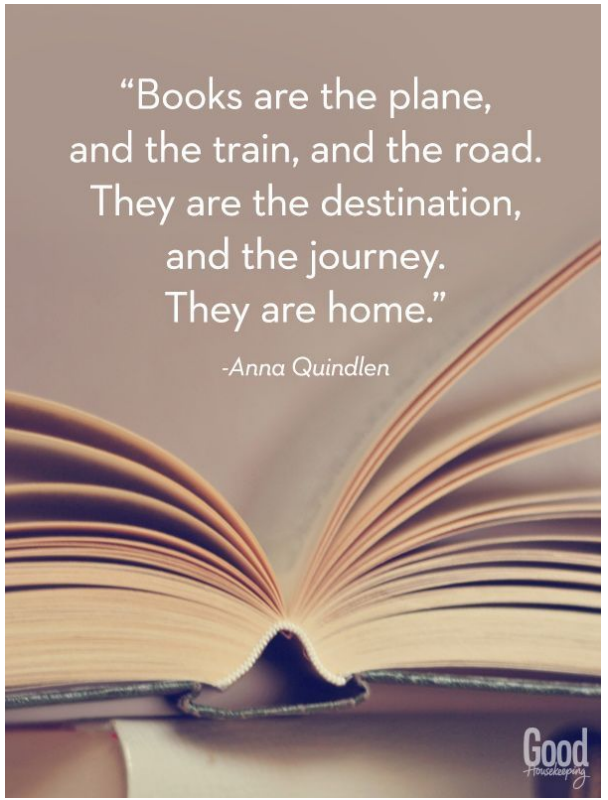
A COMMUNITY OF WELLNESS

NEWSLETTER 7 - MAY 2020
COLBY DUDAL

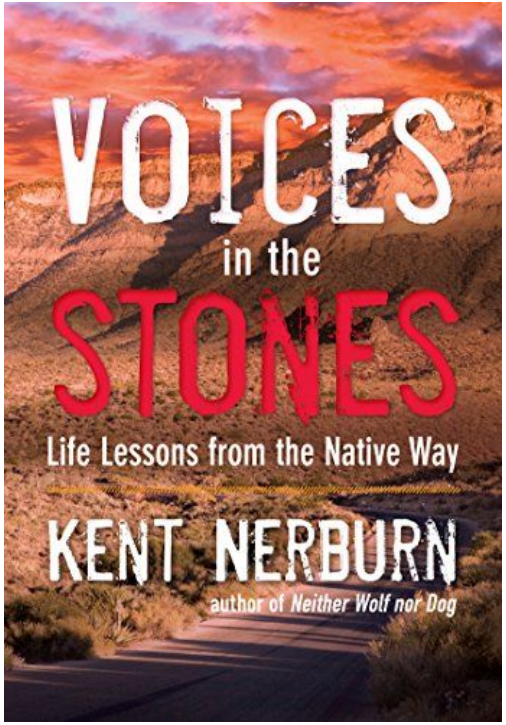
THE IMPORTANCE OF READING

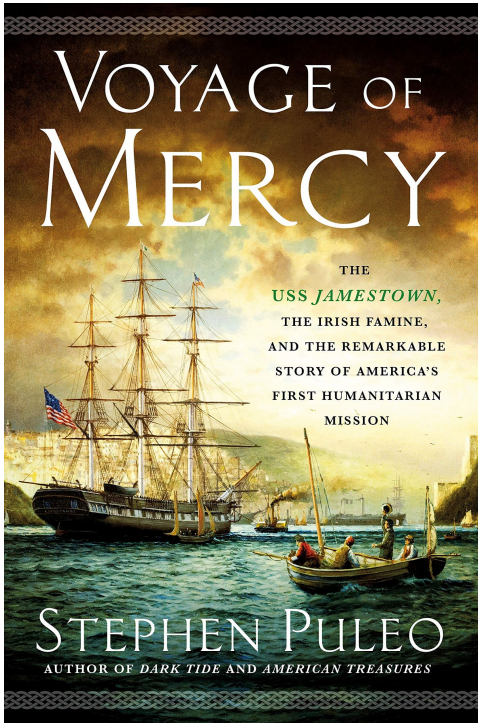
Reading is one of the most important and fun ways to learn! Books can expand your knowledge, help memory enhancement, better one's critical thinking, reduce stress and bring you lots of joy!

During this time, many are turning to reading to get their mind off of thinking about COVID-19. There are so many great reads out there and with so many genres of books, there is sure to be a book for anybody!



READING RECOMMENDATIONS

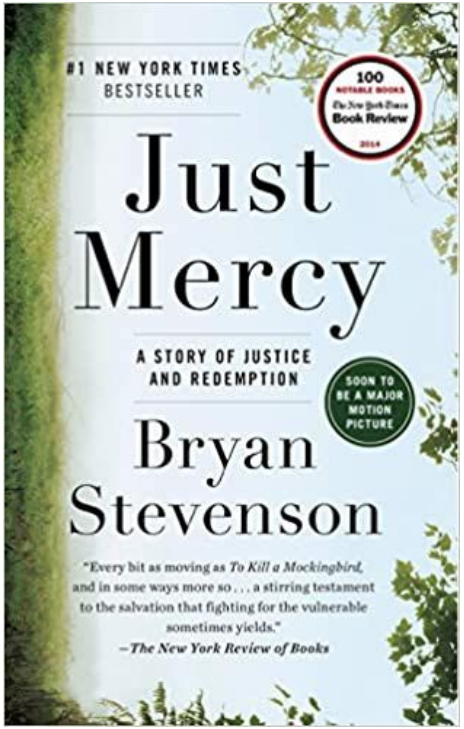


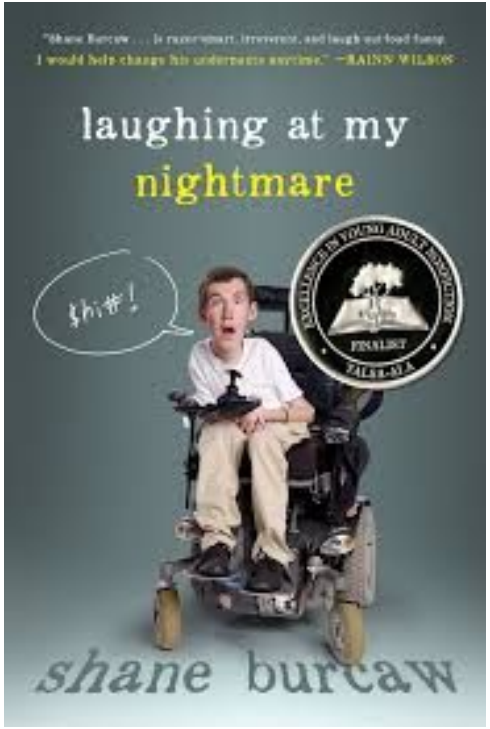


Author Kent Nerburn has many books that have been published that focus on Native American values, culture and spirituality. This choice in particular is an easy read and also very insightful in a time like this. - Sent in by Cynthia

Author Stephen Puleo wrote about the American relief efforts to send food to Ireland during the potato famine in the 1840's. Sent in by Dennis

READING RECOMMENDATIONS

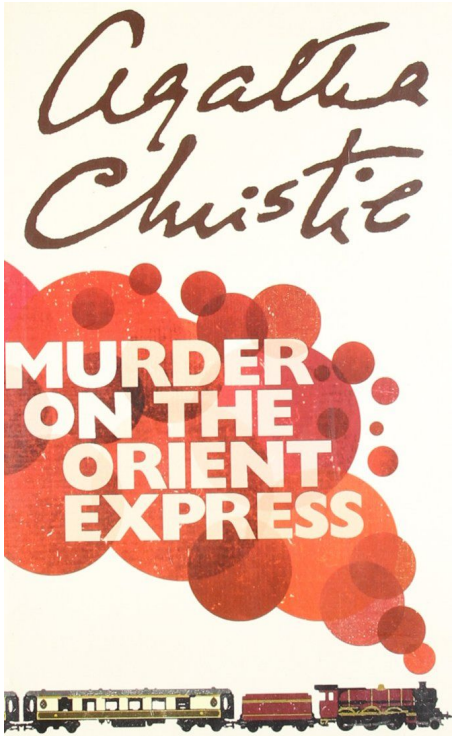


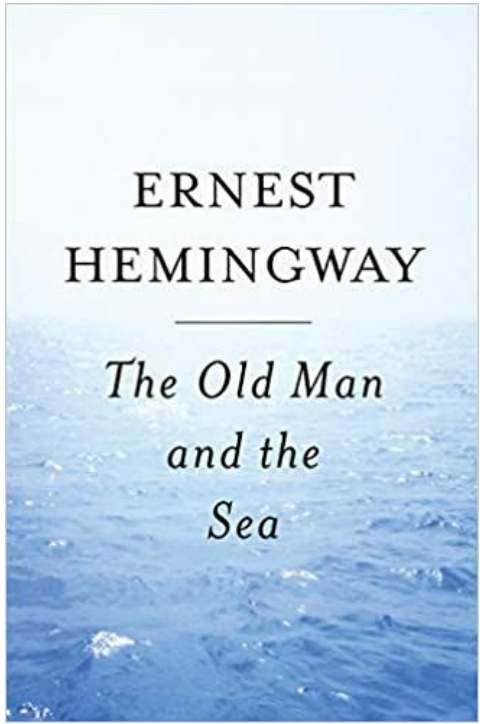


Author Bryan Stevenson writes about injustices that people of color face. Sent in by Leah & Crystal Napoli

This book, written by Shane Burcaw, is a story about a young man with muscular dystrophy who embarks on a national tour about the book he wrote in regards to trying to be a normal person in a unique body. Sent in by Leah

READING RECOMMENDATIONS

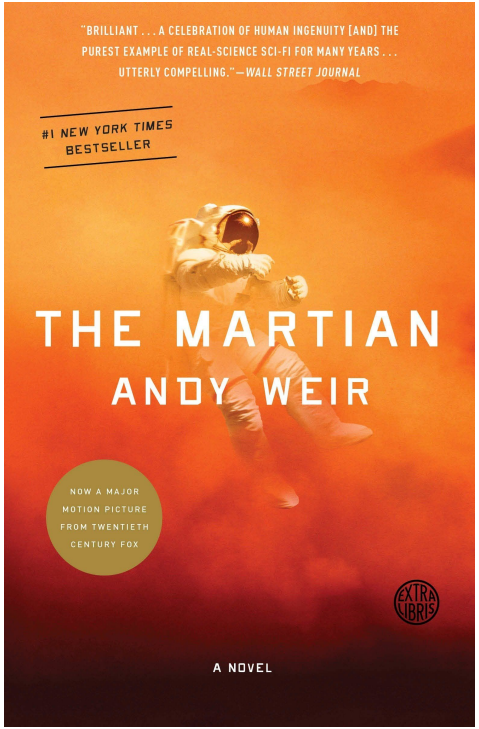


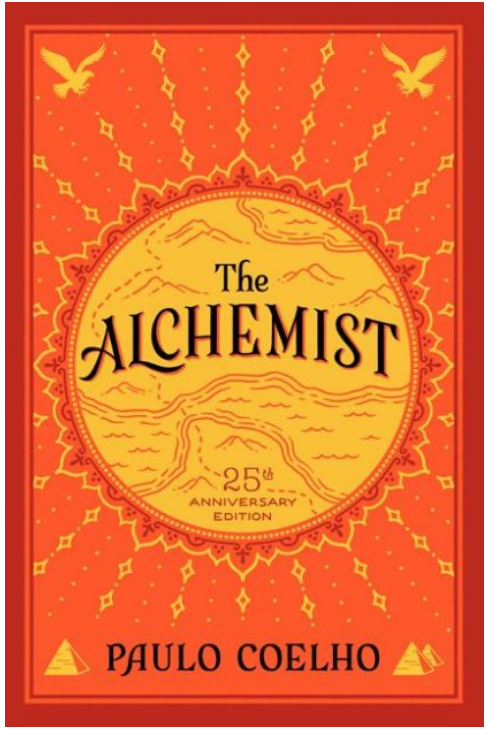


Agatha Christie is one of the most well-known authors of all time. In this book, a murder occurs on the Orient Express. Throughout this book we find out who committed the crime through clues and hints - Sent in by Colby

Ernest Hemingway's *The Old Man and the Sea* is the story about an old Cuban man who catches a fish while at sea. This book is short, simple and enjoyable. - Sent in my Colby

READING RECOMMENDATIONS

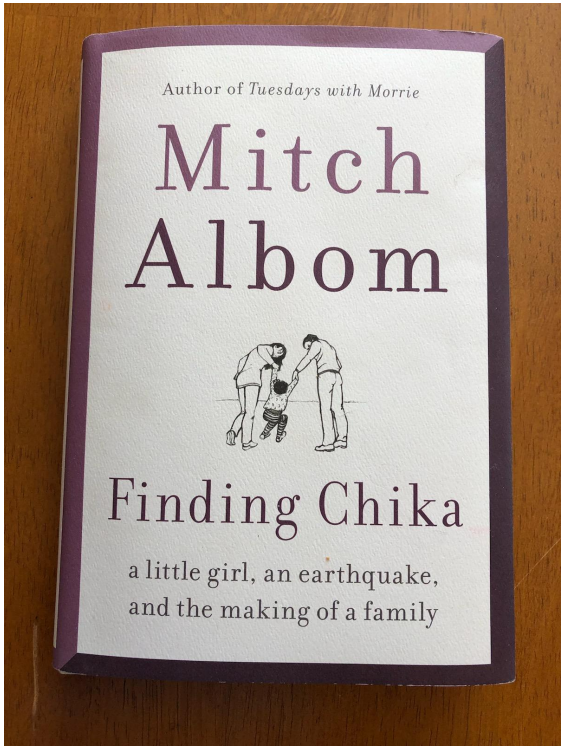


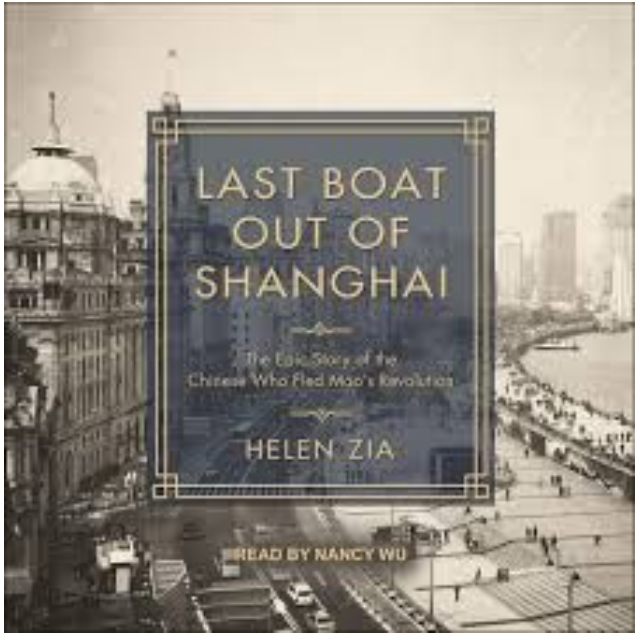


In this book, author Andy Weir tells a story of a man named Mark Watney, a man who is left behind on a mission to Mars during a sandstorm. Sent in by Crystal Napoli.

In the Paulo Coelho book, an Andalusian shepherd boy yearns to travel in search of a treasure. Sent in by Crystal Napoli.

READING RECOMMENDATIONS





This Mitch Albom book is about Chika, a young Haitian orphan whose short life would forever change his heart and teach him the true meaning of family - Sent in by Tammy

This book includes real life stories of four young people who are caught up in the mass exodus of China's 1949 Communist revolution - Sent in by Carole

READING RESOURCES

Libby - This app allows users to download book for free to either read or listen to. This is a great resource for those who want to access books at a time when libraries are closed.

Audiobooks are a great resource! Currently Daniel Radcliffe and other stars are reading Harry Potter online to people who are fans of the series. You can stream any of these readings for free!

POETRY ABOUT THE JOYS OF READING

Open a Book
By: Jane Baskwell

Open a book
And you will find
People and places of every kind
Open a book
And you can be
Anything that you want to be;
Open a book and you can share
Wondrous worlds you find in there;
Open a book,
And I will too
You read to me
And I'll read to you

What is a Book?
By Lora Daunt

A book is pages, pictures and words
A book is animals, people and birds
A book is stories of queens and kings
Poems and songs-so many things!
Curled in a corner where I can hide
With a book I can enjoy far and wide
Though it's only paper from end to end
A book is a very special friend

CREATIVE CORNER



Drawn by Colby







