Community Crossroads
GUIDANCE. SUPPORT. ADVOCACY.

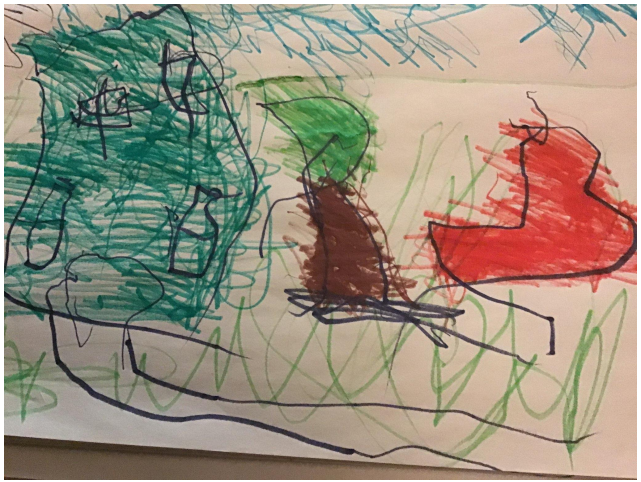
A COMMUNITY OF WELLNESS

NEWSLETTER 13

COLBY DUDAL

APPRECIATING NATURE

Nature is calming, nature can help you better appreciate life and nature is always there no matter what is going on in the world or your own personal life. Here are some more of the ways Community Crossroads employees enjoy nature and all that it beholds.



“I have a gentleman on my caseload who is unable to use his arms or hands and has begun to get more into art since COVID. He did these two drawings with only his feet. The drawings were done by Paul B.

- **Sent in by Bea**





Sent in by Crystal J.

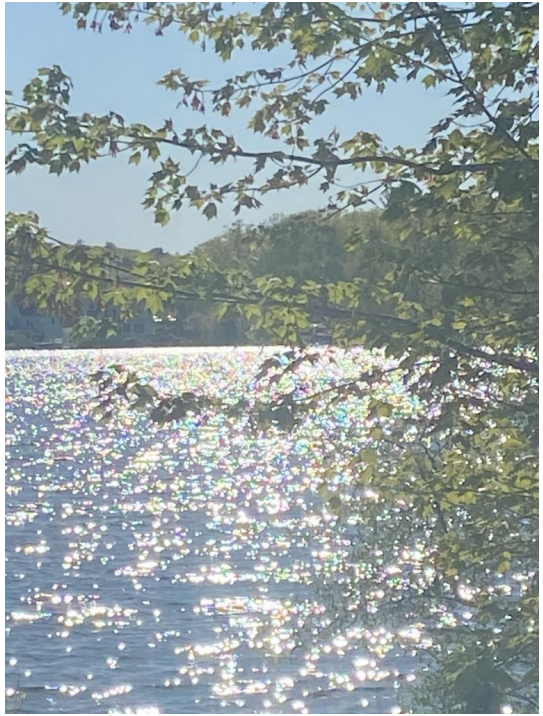






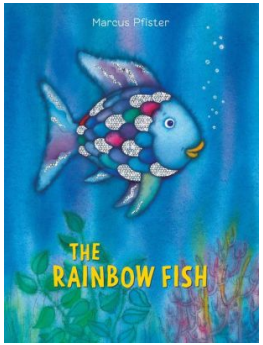


We recently went kayaking as a family to enjoy the beauty of the Souhegan River for 3.5 miles just south of the dam in Milford into Amherst, NH - Sent in by Jenn B.



Sent in by Julia Hornbaker





Book suggestion: The Rainbow Fish by Marcus Pfister

- Sent in by Colby

CHECK OUT WHAT WE HAVE COMING UP!

Are you searching for fun, laughs, and adventure?



A Family Event Sponsored by
The Family Support Council of Community Crossroads

Saturday, June 27
1:45pm - 3pm

RSVP: apappas@communitycrossroadsnh.org

Free raffle drawings for gift cards!!!

A Zoom link will be emailed to you prior to the event

Community Crossroads





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2020
1st Annual Virtual Golf Event

We hope you will join us for a fun summer golf event to benefit Community Crossroads!

In addition to our 31st Annual Golf Challenge in September, we are introducing the 1st Annual Virtual Golf Event for 2020. How does a virtual golf event work? I'm so glad you asked! It's easy!

- **Register on-line at www.tinyurl.com/CC2020VirtualGolf**
- **Play a round of golf at the golf course of your choice before September 1st**
- **Miniature, 9 hole, 18 hole — it's your choice — get out and have some fun!**

Registration is **just $30.00!** This tax-deductible donation **includes a chance to win four rounds of golf** at the golf course of your choice (up to $200.00) and other fabulous prizes! All virtual golfers will be entered into a drawing and the winners will be notified by September 7th.

Send us your selfies! Have fun keeping up with other virtual golfers and meet our sponsors on our CC2020 Virtual Golf Facebook Page!

Is your business looking for some amazing marketing exposure during **BOTH** golf events? There are several sponsorship opportunities available for our virtual golf event, including our **$250.00 Executive Sponsor** and **$100.00 Event Sponsor** levels. Your sponsorship will also carry over to our 31st Annual Golf Challenge in September.

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Who are we?

Community Crossroads Inc. is a private, non-profit organization that provides supports and services to over 1600 individuals:

- Individuals with developmental disabilities
- Individuals with acquired brain disorders
- Older adults and individuals with chronic medical conditions

Every penny of the proceeds from our virtual golf event and annual golf tournament directly supports our individuals and families. These funds bridge the gap between Medicaid dollars and the quality of life needs of those we serve, such as adaptive equipment and therapeutic services, home accessibility, social and recreational interests, and educational opportunities.

On behalf of the many individuals and families we serve, **thank you** for your kindness and generosity.

Bonnie Roberts, Co-chair, (603) 475-3664
Laura Brousseau, Co-chair, (603) 475-5716

Register Today!

www.tinyurl.com/CC2020VirtualGolf
www.tinyurl.com/CC2020Golf

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The poem "When You Thought I Wasn't Looking" appeared in a Community Crossroads, Region 10 at the time, newsletter about 15 years ago. This was sent in by Tammy who loved the poem so much the first time she read it that she put it on her refrigerator.

A Friend Is

A friend is a heart full of love
A warm place to go
A supportive hug
A non-judgmental soul
A happy-to-see-you smile
When you drop in
To visit for awhile

A friend is accepting
Of faults and fears
Lending their wisdom
And their ears
Always listening with concern
And drying our tears
When we're tired and hurt

A friend is you
It's who you are
So warm, so caring,
With a giving heart
And I'm so glad,
More than I can say
To have you as a friend
everyday

Mobi world



This summer is bound to be a little bit different than summer's of years past. Let's remember the good, the bad, and the ugly.

Take part in the Dear Derry Project!

Write a letter to Future Derry about your life, right now. The letters will be collected, compiled and stored in our New Hampshire Room for future generations.

Once your letter is complete, you can submit via email, post or drop off.

Email: Erin Robinson at erinr@derrypl.org

or

Mail to: Erin Robinson c/o Derry Public Library

64 E. Broadway, Derry, NH 03038

or

Drop off: in the box labeled *Dear Derry Project*, in the library lobby.

People of all ages are welcome to share their stories!

Transcriptions and audio recordings are also welcome.